



OFFICIAL RULES for the 2020 Inaugural Competition

- A team of contestants will consist of one mother and one or more of her sons (8 years and up – yes, this means adult men may compete alongside their mothers!)
- Each team will be provided with an 8 ft folding-table workstation and an electrical outlet to accommodate one small kitchen appliance at a time (appliances to be provided by the contestants). All food prep, cooking, and assembly must be done at this workstation using only the utensils and appliances provided by the contestants.
- Contestants may bring whatever food supplies and equipment that they want, *provided that everything fits within one 18-gallon storage tub, with the lid closed.*
- Each team will be given 45 minutes at the competition to prepare and present a plate that demonstrates their culinary creativity and talent. Plates must be completely assembled and ready for judging (*hands off*) by the end of the time period.
- A special ingredient will be provided by Arts Alive the day of the competition. This ingredient must be incorporated creatively into the main dish presented by the contestants (see judging criteria below). *Crucial Hint: For this year's competition, the special ingredient will be some form of pineapple.*
- Teams will also compete in various physical games and trivia challenges at the competition that may impact the resources, ingredients, or time limits that they will be allowed to use during the cooking competition.
- Interaction and/or cooperation between teams will be allowed. However, each team must present their own plate, and each team will be evaluated solely by the plate that their team presents.
- Plates presented by contestants will be evaluated by a panel of judges, based on the following criteria: Quality/Taste, How Effectively/Creatively the Special Ingredient has been Incorporated, Presentation of the Plate, Overall Creativity
- The judging panel will select two finalist teams to compete in a dessert cook-off round to determine a final winner for the competition. For this round, teams not selected as finalists will be divided into support groups for the two finalist teams. Support groups may pool resources and ingredients from their supply tubs to be used by the finalist teams in their preparation of a dessert dish. The judging panel will evaluate the dessert dishes to determine a final winner for the competition.
- Prizes will be awarded for the winning team and runner up, with additional prizes possible for successful support groups and winners of games and challenges.